

justus[®]health

Programs and Services

Advocacy & Research

Aging Initiative: Leads a community-informed plan to improve health equity for LGBTQ seniors and older adults with HIV by building connections, expanding options for quality care, advocating for public policy and offering direct senior services.

Public Policy: Advances policy priorities that help prevent new HIV infections, improve HIV services and care, and advance health equity for LGBTQ communities, particularly around transition-related care. The program works through community organizing, systems-change, strategic partnerships, and media advocacy.

Research: Conducts and promotes research on the health of LGBTQ communities and people living with HIV. Reports include Voices of Health, and focused reports on the health of Minnesota's LGBTQ communities including youth, transgender and aging populations.

Behavioral Health Clinic

Individual, group, relationship, and family therapy:

Provides therapists who offer comprehensive, integrative mental health, sexual health, and chemical health services from a trauma-informed, attachment-based, risk-reduction, and sex-positive perspective. They promote the health and well-being of clients while also celebrating the diversity of the community.

Therapy is offered via in-person or teletherapy to clients for meetings with staff upon request via a *desktop computer, laptop, tablet, or smart phone*.

Care Coordination: this service is available to people who meet criteria for Ryan White CARE Act programs and is designed to deliver acute mental health stabilization services.

Licensed Alcohol and Drug Counselors: Provide Chemical Health Assessments, linkage to chemical health services, aftercare support, and advocacy for the unique pieces of our clients' identities.

Clinic staff work with clients to make sure they can access the services they deserve. *No client is turned away due to an inability to pay.*

Client Services

Minnesota AIDSLine: Provides information about HIV and referrals to HIV-related services in Minnesota through in-person, phone, text and web-based services. Available for people living with HIV, friends, partners, families, service providers, and others wanting information about HIV or resources. Telephone interpretation services available in many languages. Through *Quick Connect* appointments, they also provide short-term assistance to persons living with HIV who are newly diagnosed, new to Minnesota, or who are not currently receiving care along with information on services available in the community.

Case Management: Provides long-term assistance to people living with HIV to access resources including health insurance, medical care, and financial assistance to maintain health and meet basic living needs. Case management is provided to eligible residents of the Twin Cities area and Duluth.

Health Insurance and Benefits Counseling: Offers free benefits counseling services to everyone, regardless of HIV status, through two different programs. The *MNsure navigation program* assists the general public with navigating public and private insurance programs delivered through MNsure and the Department of Human Services. The MNsure program serves anyone regardless of health status or identity and focuses on reaching populations disproportionately impacted by HIV. The *benefits counseling program* assists individuals living with HIV who are income-eligible with navigating health insurance and other benefits programs. Both programs assist individuals at any point in the process of applying for, maintaining, or troubleshooting issues with their health care benefits.

Housing: The *systems advocacy staff* work within systems to advocate for policies which support access to affordable housing for people living with HIV. They educate HIV providers about housing systems and alert them to affordable housing opportunities. The *housing services staff* assist individuals and families who are homeless or at risk of homelessness to obtain and maintain safe, affordable housing. They provide help finding housing, education on tenant's rights and responsibilities, and short-term rental assistance.

For more information on JustUs Health's programs and services, visit www.JustUsHealth.org or call the Minnesota AIDSLine at **612-373-2437** or **800-248-2437**.



Client Services (continued)

Legal Services: Assists with HIV-related legal matters including benefits denial, estate planning, discrimination, employment, workplace accommodation, debt issues, confidentiality, immigration, Social Security Disability issues and assists transgender people navigating questions about health coverage for transition related services

Peer Support: JustUs Health peer support programs foster community for those who are living with HIV. *HERR Day Out* focuses on female-identified people while *Positive Link* is focused on queer, gay, bisexual men and other men who have sex with men. Each program works to create and sustain a healthy community through social interaction and health education. They provide educational and social events in safe and supportive environments which helps link people to medical health, mental health and social services as needed.

Financial Assistance: Provides emergency financial assistance for rent, mortgage, utilities, medical care, and food to eligible people living with HIV.

Transportation Services: Provides transportation for people living with HIV in the Twin Cities Metro through taxi and/or bus passes. Includes rides to doctors, medical clinics, speech and physical therapy, pharmacy, dental, HIV case management, eye care, and supportive services.

Education & Prevention

Education and Training: Provides HIV education and training for professionals and the community. The team offers training and presentations on a range of issues related to HIV LGBTQ Health and Aging, HIV Professional Development, Trans 101 and more. A variety of other courses are offered on HIV related topics of interest. Continuing education units are offered for most courses. We also offer e-learning modules on a variety of topics.

PrideAlive: Provides free HIV testing through outreach programs and during walk-in hours, education about PrEP (a once a day pill that reduces risk of HIV infection), STI prevention materials, and risk reduction education to transgender, gender non-conforming people, and non-binary people as well as gay, bi, queer men and other men who have sex with men. It focuses within these communities to offer risk-reduction education and supplies and provides support linking to and navigating health and social services as needed.

Syringe Exchange and HIV Testing: Provides access to unused syringes, disposal of used syringes, overdose prevention, and awareness and use of pharmacies for purchase of clean syringes. Connects people living with HIV to medical care and services, provides HIV and Hepatitis C risk assessments and free testing. Visit www.JustUsHealth.org or contact the Minnesota AIDSLine to confirm hours.

ShiftMN: Fights for healthier LGBTQ communities by severing ties with corporate tobacco through education, advocacy, social media, and policy. Offers leadership development for LGBTQ youth and young adults.