



## HEALING FROM RELIGIOUS TRAUMA GROUP

**Each Wednesday evening from 6:30-7 p.m.  
beginning July 8 via teletherapy!**

This support group will focus on:

- Providing mutual aid and support for LGBTQIA+ individuals that have been injured by faith, spirituality, religion or fundamentalism including experiences with conversion therapy or upbringing which has negatively impacted your mental health.
- Providing a safe environment for LGBTQIA+ community members to discuss specific issues related to experienced religious trauma and/or abuse, receive support and feedback by peers and therapist.
- This group is specifically tailored for the LGBTQIA+ community but is open to people of all identities. Sessions will have up to 8-10 members per session and will run approximately 20 weeks. People of all religious backgrounds and experiences are welcome

Group will be a structured psycho-educational group which will follow curriculum based on evidence-based practice, and loosely based on *Leaving the Fold* by Marlene Winell Ph.D.

The cost is \$50 per person per group session. Most insurance accepted and sliding scale fees available.

Call **Ly** at **612-373-2433** or email **[holly.verhage@justushealth.org](mailto:holly.verhage@justushealth.org)** to schedule a client intake or for questions.

**Healing from  
Religious Trauma  
Group**

**Returning  
Wednesdays from  
6:30-7 p.m. via  
teletherapy starting  
July 8**

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612-373-2433 or email  
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to schedule a client  
intake or for questions

**JustUs Behavioral  
Health Clinic**

**Email:**  
[holly.verhage@justushealth.org](mailto:holly.verhage@justushealth.org)

**Website:**  
[JustUsHealth.org/clinic](http://JustUsHealth.org/clinic)

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